



2.00 pm Workshop
Each session 45 minutes

Hall A - Topic: PFT/Exercise Tests

[Faculty: Dr.P.S Shajahan/ Dr.Asmita Mehta/ Dr.Sailal M./ Dr.Deepu M/ Dr.Nithya Haridas]

- 1) Spirometry
- 2) Exercise testing
- 3) DLCO

Hall B- Topic: Pulmonary Rehabilitation

[Faculty-Dr.Vijayakumar R/Dr.Deepak Talwar/Dr. Ameer K A /Dr.Dileep Kumar G/Dr.Akhilesh K]
Mr.Radhakrishnan Nair K.U.(Respiratory Therapy)/Mrs.VeenaViswan(Physiotherapy)

- 1) Exercise therapy and other aspects in Rehabilitation
- 2) Exercise Prescription
- 3) Breathing training and Bronchial Hygiene
- 4) Outcome Assessment

Hall C - Topic: Smoking Cessation

[Faculty:Dr.Sanjeev Nair/ Dr.Aswathy S/ Dr.Harilakshmanan P/Dr.Manu M.S /Dr.Tajik Mohammed Shafi]

- 1) How to Set up a smoking Cessation Clinic
- 2) Pharmacotherapy and nicotine withdrawal syndrome
- 3) Brief Tobacco intervention

Hall D- Topic : NIV and Oxygen therapy in Chronic Respiratory Disease

[Faculty-Dr.P.Arjun/ Dr.Arvind Perathur/ Dr.Sobha Subramaniam/Dr.Subin Ahmed/ Dr.Tinku Joseph]
Mr. Arun K

- 1) ABG
- 2) Initiation and titration of NIV in acute and Home setting in Chronic Respiratory Disease
- 3) Oxygen Therapy in Chronic Respiratory disease
- 4) Interphases in NIV and Trouble shooting

5.30 Pm-PG QUIZ

Topic: Respiratory Diseases

DAY 2 (24/02/2019) PG UPDATE, Venue: Lecture Hall B Block

Time	Topic	
8.30 am	Preparation for Exam	Dr.P.T James, (Prof& HOD,AIMS,Kochi)
9am – 1pm	Clinical Case Discussion	Dr.Vijayakumar R (Hyderabad) Dr.George D’Souza (Bangalore) Dr. C Chandrashekhar (Chennai) Dr Pajanivel R (Puducherry) Dr P Sukumaran (Thiruvalla) Dr.P.T James (AIMS,Kochi) Dr Davis Paul C (Thrissur) Dr Anithakumari K (Thiruvananthapuram) Dr Rajagopal TP (Kozhikode) Dr Thomas George (Thrissur) Dr Jacob Baby (Ernakulam) Dr K P Venugopal (Kottayam) Dr Manoj DK (Pariyaram) Dr.Suhail N (Perinthalmanna) Dr.Arvind Perathur (AIMS,Kochi) Dr.Asmita Mehta (AIMS,Kochi) Dr. Sobha Subramaniam (AIMS,Kochi)
1 pm -2 pm	Lunch Break	
2 pm -5 pm	Interactive Viva : X-ray’s, CT, PFT, ABG, Sleep, NIV, RNTCP, Drugs, Recent advances	

Breathe Smoothly Live Freely

CME & WORKSHOP on COPD & PG Update in Pulmonary Medicine 2019



23/02/2019, 24/02/2019

VENUE: AMRITESWARI HALL, A BLOCK, 5th FLOOR, AIMS

Organised by

**Department of Pulmonary Medicine,
Amrita Institute of Medical Sciences, Kochi**



AMRITA
VISHWA VIDYAPEETHAM

Institute of
Medical Sciences

INAUGURATION OF AMRITA PULMONARY REHABILITATION PROGRAMME

Incidence and prevalence of chronic respiratory diseases are in an upswing in India. COPD contributes to 5% of all global deaths on a yearly basis with 90% of those occurring in middle to low income countries. It is also one with the longest suffering period significantly compromising quality of life. Several different modalities and treatment strategies including different inhalers and devices have not been able to completely alleviate the suffering. It is now very clear that COPD management requires more than just pharmacotherapy and newer molecules. Symptom alleviation and being able to do activities of daily living are the main goals of treatment. This is where the pivotal role for pulmonary rehabilitation comes in. Amrita hospital has always been in the forefront for offering the most advanced and current management strategies for all diseases.

The Department of Pulmonary Medicine is starting the AMRITA PULMONARY REHABILITATION programme which will help get the dyspneic and weak chronic respiratory disease patients back on their feet to be able to enjoy life despite their chronic illness.

We intend to conduct this CME and workshop to give new insights and refresh the current knowledge in COPD management to Pulmonologists, General Physicians, General practitioners and postgraduates, as part of inauguration of AMRITA PULMONARY REHABILITATION PROGRAMME. We hope this will be of benefit to all practitioners treating COPD patients.

Department Of Pulmonary Medicine at AIMS Kochi, in keeping with the tradition is also conducting a PG Update programme on 24th February 2019 especially for exam going PGs. The morning session is for Clinical Case discussions and the afternoon Viva voce will be by experienced examiners in Pulmonary Medicine from all over India. You can anticipate an exciting programme ahead.

TCMC CME Credit Hours Applied

PATRONS

Dr.Prem Nair(Med Director) : Dr.Vishal Marwaha(Principal)
 Dr.Sanjeev K Singh (Med Supt) : Dr.Valsaraj Menon(Add Med Supt)

ORGANISING TEAM:

Organising Chair : Dr.P.T James / Dr.Arvind Perathur
 Organising Secretary : Dr.Akhilesh K
 Scientific Chair : Dr.Asmita Mehta/Dr.Sobha Subramaniam
 Finance/Audiovisual : Dr.Nithya Haridas/Dr.Vishnu G Krishnan/Dr. N.Bhanu
 Workshop committee : Dr.Tinku Joseph /Dr.Manju Sara Oommen, Dr. Sreeraj R Nair
 Venue : Dr.Sobha Subramaniam/Dr.Belgundi Preeti
 Travel/Accommodation : Dr.Tajik Mohammed Shafi/Dr.Satish C Reddy/Dr.Tisa Paul
 Food & Registration : Dr.Nithya Haridas/Dr.Mangalam/Dr.Reshmi KS /Sajitha S

Contact : Dr.Akhilesh K (8547258738)
 : Dr.Sathish Chandra Reddy (9493659212)
 : Dr Tisa Paul (9446858117, 9400013217)
 Email:pulmonary@aims.amrita.edu,akhileshk@aims.amrita.edu

Limited accomodation available in Guest House

DAY 1 Scientific Session: Amriteswari Hall,23-02-2019

Time	Topic	Speaker	Chair
08.00 AM	Registration		
09.00-09.20am	Paradigm shift in understanding etiopathogenesis of COPD	Dr.Sanjeev Nair (Asso.Prof Govt MCH, Thiruvananthapuram)	Dr.P.Arjun (Consultant Pulmonologist,KIMS Hospital,Thiruvananthapuram) Dr.Harikakshmanan.P (Consultant Pulmonologist,Lakeshore Hospital)
09.25 -10.10 am	INAUGURATION OF CME & AMRITA PULMONARY REHABILITATION PROGRAMME		
10.10-10.25 am	TEA BREAK		
10.25-10.45 am	Pragmatic assessment of COPD in 2019	Dr.Akhilesh K (Asso.Prof AIMS Kochi)	Dr.Mohan C Manjakara (Consultant Pulmonologist, MAJ Hospital ,Edappally) Dr.Paramez AR (Consultant Pulmonologist,Lissie Hospital,Kochi)
10.50 -11.15 am	Management of COPD – recent updates	Dr.Deepak Talwar (Director &Consultant Pulmonologist, Metro Hospital Group,Noida)	Dr.M.G.K Pillai(Prof& HOD,General Medicine,AIMS,Kochi) Dr.P.S.Shajahan(Asso.Professor, TDMC,Alappuzha)
11.20-11.45 am	Pulmonary Rehabilitation in COPD and other Chronic Respiratory Disease	Dr. R. Vijayakumar (Director &Consultant Pulmonologist, Hyderabad Chest centre)	Dr. Ameer KA (Consultant Pulmonologist,KIMS Hospital,Thiruvananthapuram) Dr George Mothi Justin (Consultant Pulmonologist, Medical trust hospital,Ernakulam)
11.50-12.15 pm	Management of severe asthma and role of biological agents	Dr.Pajanivel.R (Prof & HOD Mahatma Gandhi Medical College, Puducherry)	Dr.P.T.James(Prof& HOD,Pulmonary Medicine,AIMS,Kochi) Dr.Sailal M(Consultant Pulmonologist, KVM Hospital,Cherthala)
12.20-12.40pm	Standard of care in end stage Chronic Respiratory disease	Dr. Davis Paul C(Professor Amala Medical College, Thrissur)	Dr.Sophia Phiilip(Asst Professor,Govt MCH,Ernakulam) Dr. Aziz KS(Consultant Pulmonologist Lourde Hospital,Ernakulam)
12.45-1.00 pm	Vaccination in chronic respiratory diseases	Dr.Arvind Perathur (Clinical Head & Chief of Interventional pulmonology AIMS,Kochi)	Dr. George Paul (Professor, Dept Of Geriatrics,AIMS,Kochi) Dr. Chakravarthy Maddipati (Consultant Internist,AIMS,Kochi)